

# Brett Martindale, M.D., CAQSM

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## Education

Sports Medicine Fellowship, Utah Valley Regional Hospital; Provo, Utah	07/16-06/17
Family Medicine Residency, McKay-Dee Hospital; Ogden, Utah	07/13-06/16
M.D., The Ohio State University College of Medicine; Columbus, Ohio	08/09-05/20
B.S. in Physiology and Developmental Biology (magna cum laude), Brigham Young University; Provo, Utah	08/20-04/03, 01/06-04/09
<ul style="list-style-type: none"><li>Missionary, Austria and Germany, The Church of Jesus Christ of Latter-day Saints</li></ul>	08/03-08/05

## Professional Experience

Urgent Care Physician, Utah CareNow Urgent Care, LLC	12/22-present
Sports Medicine Physician, Ogden Clinic; Ogden, Utah	08/17-present
Urgent Care Physician, Ogden Clinic; Ogden, Utah	08/17-present
Physician Director, Olympic Winter Institute of Australia; Ogden, Utah	08/19-present
Hyperbaric Medicine Supervisor, Ogden Regional Hyperbaric Medicine and Wound Care; Ogden, Utah	12/19-present
Team Physician, St. Joseph Catholic High School; Ogden, Utah	0817-03/20
Team Physician, Brigham Young University; Provo, Utah	07/16-06/17
Team Physician, Utah Valley University; Orem, Utah	07/16-06/17
Team Physician, Provo High School; Provo, Utah	07/16-10/16
Ski Clinic Physician, Snowbasin (Huntsville, UT); Park City Mountain Resort (Park City, UT)	11/15-02/17
Urgent Care Physician, Intermountain Healthcare; Layton, Utah	07/14-06/17
Team Physician, Weber State University Women's Basketball, Soccer, and Volleyball; Ogden, Utah	07/13-06/16
Medical Director, 2015 Ogden Marathon	05/15
Team Physician, Ogden Mustangs Hockey	09/14-03/15
Medical Coverage, U.S. Masters Cycling National Championships; Ogden, Utah	09/14, 09/15
Medical Coverage, XTERRA National Championships; Ogden, Utah	
Ohio State University College of Medicine Admissions Committee, Columbus, Ohio	09/13, 09/14 09/10-05/13

## Teaching Experience

Skills Lab Instructor (Knee and Shoulder Exam, Injections), Ogden Surgical-Medical Society Conference; Ogden, Utah	05/18- present
Precepting Attending Physician/Clinical Instructor, McKay-Dee Family Medicine Residency; Ogden Utah	01/18-present
Guest Instructor, College of Health Professions at Weber State University; Ogden, Utah	08/13-12/17
Guest Instructor, Dept. of Exercise Sciences at Brigham Young University; Provo, Utah	09/16-04/17

## Volunteer and Service Activities

Ogden Rescue Mission Physician; Ogden, Utah  
Physician's Free Clinic, Medical Student Doctor; Columbus, Ohio

07/13-06/16  
10/09-05/11

## Honors and Awards

Outstanding Academic Scholar Scholarship, Ohio State University College of  
Medicine

06/10, 06/11

## Professional Memberships

Utah Medical Association/Weber County Medical Society  
Ogden Surgical-Medical Society  
American Medical Society for Sports Medicine

## Licenses and Certifications

Certificate of Additional Qualifications in Sports Medicine  
Utah State Medical License  
Advanced Cardiac Life Support  
Basic Life Support

## Research Experience and Presentations

Martindale, B. What's New in Sports Medicine? Plenary presentation at 2024  
79<sup>th</sup> Ogden Surgical-Medical Society; Ogden, Utah.  
Madsen, C., Martindale, B. Handheld Ultrasound Devices Skills. Skill Lab  
presented at 2023 78<sup>th</sup> Ogden Surgical-Medical Society; Ogden, Utah.  
Martindale, B. Joint Injections Skills. Skill Lab presented at 2022 77<sup>th</sup> Ogden  
Surgical-Medical Society; Ogden, Utah.  
Scharmann, S., Martindale, B. et al. Shoulder and Knee Examination/Injection  
Skills. Skill Lab presented at 2019 74<sup>th</sup> Ogden Surgical-Medical Society;  
Ogden, Utah.  
Scharmann, S., Martindale, B. et al. Shoulder and Knee Examination/Injection  
Skills. Skill Lab presented at 2018 73<sup>rd</sup> Ogden Surgical-Medical Society;  
Ogden, Utah.  
Martindale, B. Male High School Wrestler with Recalcitrant Chest Pain.  
Presented at 2020 AMSSM 29<sup>th</sup> Annual Meeting; Online Event due to  
COVID-19 Pandemic.  
Martindale, B., Rich, B. Spate of Acute Abdominal Pain in 3 Female Collegiate  
Volleyball Players. Presented at 2017 AMSSM 26<sup>th</sup> Annual Meeting; San  
Diego, CA.

- Martindale, B. Effects of a Cross-Country Season on Ferritin Levels in College Athletes. Presented at 2016 71st Ogden Surgical-Medical Society; Ogden, Utah.
- Martindale, B., Scharmann, S. Twenty-one year-old male football defensive lineman with dorsal right midfoot pain. Poster and e-publication. Presented at 2015 AMSSM 24th Annual Meeting; Hollywood, Florida.
- Sudweeks, S., Mizukawa, J., Welch, K., Martindale, B., Beaufort, B., Gay, E., and Yakel, J. (2008, November). Characterization of neuronal nicotinic acetylcholine receptors in rat hippocampus. Poster presented at: Neuroscience 2008; Washington, D.C.