

CHRISTOPHER C BELL, MD

PHONE: 801.388.3104 (cell) EMAIL: ccbell002@yahoo.com

ADDRESS: 3890 Medical Drive, Ogden, UT, 84401

LICENSURE

Board Certified, Family Medicine 2017
Certificate of Added Qualification, Sports Medicine 2021
Physician and Surgeon, State of Utah, 2005-Present

EXPERIENCE

SPORTS MEDICINE PHYSICIAN, Intermountain Healthcare 2011-Present
Bountiful Sports Medicine Specialists, Bountiful, UT
McKay-Dee Orthopedics & Sports Medicine, Layton and Ogden, UT

- I have worked independently as well as with orthopedic surgeons as part of a multidisciplinary team in the care of patients of all ages with a wide variety of musculoskeletal injuries and conditions
- In addition to the typical care of musculoskeletal injuries and conditions, I have experience and expertise in:
 - The use of diagnostic and procedural ultrasound
 - Difficult to access joints and soft tissues for enhanced accuracy and efficacy
 - Hip joint, sacroiliac joint, small joints of hand & feet, obese patients
 - Diagnostic/therapeutic nerve hydrodissection and steroid injection
 - Needle barbotage and aspiration of calcific tendinopathy
 - The use of platelet-rich plasma for the treatment of chronic soft tissue and joint injuries and conditions
 - Compartment pressure testing for Chronic Exertional Compartment Syndrome
 - Video gait analysis for chronic/recurrent running related injuries
 - Fracture care in all ages, including closed reduction
 - Closed reduction of joint displacements (shoulder, finger, toe)
 - Sports-related concussions

MEDICAL DIRECTOR/LEAD PHYSICIAN 2018- present
Snowbasin Ski Resort Medical Clinic, Huntsville, UT

- Reorganized medical staff and clinic operations following several years of decreasing volume and revenue
- Collaborate with Ski Patrol and mountain leadership to streamline services
- Integral role working with Snowbasin and Intermountain operations leadership regarding the design and layout of the new clinic

STAFF PHYSICIAN 2007-present
Snowbasin Ski Resort Medical Clinic, Huntsville, UT

- Diagnose and acutely manage ski and snowboard injuries; provide urgent care-level services
- Acute fractures, sprains, and strains
- Lacerations
- Closed reduction of dislocated joints
- Consultant for Ski Patrol on the acuity of injuries and disposition recommendations

FAMILY MEDICINE PHYSICIAN 2007-2010
Intermountain Layton Clinic, Layton, UT

- Practiced full scope primary care family medicine as well as urgent care
- Led inpatient care of faculty and resident patients during call week

ADJUNCT RESIDENCY FACULTY 2007-2010
McKay-Dee Family Medicine Residency Program, Ogden, UT

- Supervised, taught, and mentored the family medicine residents in both the inpatient and outpatient settings
- Presented to the residents and faculty on various topics

URGENT CARE PHYSICIAN 2005-2010
Intermountain Layton InstaCare & KidsCare, Layton, UT
• Provided high value, efficient urgent care services at a busy location

EDUCATION KAISER PERMANENTE PRIMARY CARE SPORTS MEDICINE FELLOWSHIP 2010-2011 *Fontana, CA*
MCKAY-DEE FAMILY MEDICINE RESIDENCY 2004-2007 *Ogden, UT*
JEFFERSON MEDICAL COLLEGE 2000-2004 *Philadelphia, PA*
Doctor of Medicine
UNIVERSITY OF PENNSYLVANIA 1997-2000 *Philadelphia, PA*
Post-Baccalaureate Premedical Program
UNIVERSITY OF PENNSYLVANIA 1992-1996 *Philadelphia, PA*
Bachelor of Arts in Biological Basis of Behavior

SPORTS MEDICINE EVENT COVERAGE:
USA Cycling Masters Road National Championships, Ogden, UT Sept 2014, 2015
Medical Director
USA Cycling Collegiate Road National Championships, Ogden, UT May 2012, 2013
Medical Director
Ironman World Championships, Kailua-Kona, HI Oct 2011, 2014
Redlands Bicycle Classic April 2011
LA Triathlon, Los Angeles, CA Oct 2010
Ogden Marathon, Ogden, UT May 2009
X-Terra Off-Road Triathlon, Huntsville, UT June 2005 & 2006
Medical Director 2005

TEAM PHYSICIAN:
West High School, Salt Lake City, UT 2011-2013
Rancho Cucamonga High School, Rancho Cucamonga, CA 2010-2011
University of California, Riverside, CA 2010-2011
University of La Verne, La Verne, CA 2010-2011
Weber State University, Ogden, UT 2004-2007

LECTURES/TALKS Multiple given to McKay-Dee Residents and community members on various topics including:
• Tendinosis
• Running Injuries & Prevention
• Cycling Injuries & Prevention
• Calcific Tendinopathy
• Concussion

MEMBERSHIPS American College of Sports Medicine
American Medical Society for Sports Medicine
American Academy of Family Physicians

INTERESTS Spending time with family, skiing, mountain biking, running, reading.