

MICHAEL J. JAFFE MD

PHYSICAL MEDICINE & REHABILITATION

Clinic:
The SMART Clinic

PRIMARY PROFESSIONAL EXPERIENCE

Staff Physician. The SMART Clinic 3/2022 – current.

Staff Physician. Concentra. 11/22- current

Staff Physician. Intermountain Healthcare Salt Lake Clinic 7/2000- 1/2022.

Practice is spine, musculoskeletal and pain medicine. Procedures performed include fluoroscopic guided procedures of the spine such as epidural steroid injections, radiofrequency ablation, facet, sacroiliac and C1-2 joint injections. Musculoskeletal injections include fluoroscopic and ultrasound guided injections to joints of all sizes, tendons, tendon sheaths and nerve blocks.

ADDITIONAL PROFESSIONAL EXPERIENCE

- Medical Panel Member. Utah Labor Commission. 10/2015- present. Assist judges with medical facts and opinions regarding contested Worker's Compensation cases. Duties include chart reviews, meeting with petitioners and answering targeting questions from the judges.
- Medical legal expert 2015-2021. Various law firms retain my services for malpractice and personal injury opinions regarding musculoskeletal injuries, spine injuries, standards of care, etc.
- Pharmaceutical speaker's bureau. Depomed Pharmaceuticals 2013. Lilly Pharmaceuticals 2011-2012.
- Clinical Practice Guidelines Development Team member. Low back pain Intermountain Healthcare 2011–2013. Neck pain Intermountain Healthcare 2014–2016. Functional restoration/chronic pain. Intermountain Healthcare 2010-2017.
- Insurance policy reviews for Pain Management and Physical Medicine and Rehabilitation. SelectHealth insurance. 2001–2020.
- General practitioner. Indian health services. Winslow Arizona 8/1997-4/1998

TRAINING AND EDUCATION

University of Utah, Salt Lake City, UT. Residency Physical Medicine and Rehabilitation postgraduate years 3 and 4. 7/1/1998–6/30/2000

New York University, New York, NY. Residency Physical Medicine and Rehabilitation postgraduate years 2. 7/1/1996–6/30/1997.

University of Utah, Salt Lake City, UT. Internship Internal Medicine. Postgraduate year 1. 7/1/1995–6/30/1996

University of Massachusetts, Worcester, MA. Degree: Doctor of Medicine. 8/1991–6/1995.

Tufts University, Medford, MA. Degree: Bachelor of Science, cum laude. Major: Biology. 9/1986–5/1991

University of Colorado, Boulder, CO. Undergraduate study. 7/1998–12/1998.

UCLA School of Medicine, Santa Monica, CA. Medical Acupuncture for Physicians 1997–1998.

Multiple interventional fluoroscopic and ultrasound guided workshops including topics of epidural steroid injections, facet joint injections, radiofrequency ablation, discography, joint injections, tendon injections, nerve blocks, tenotomy, PRP, etc.

BOARD CERTIFICATION

- American Board of Physical Medicine and Rehabilitation – original certification 2001. Recertified 2011 and 2021.
- American Board of Pain Medicine certified 2011. Recertified 2021.

MEDICAL LICENSE

Utah: 344455–1205

APPOINTMENTS

President. Utah Academy of Pain Medicine 2008–2015.

Treasurer. Utah Academy of Pain Medicine. 2015 – present.

Affiliated medical school instructor. Rocky Vista University. St. George, UT. 2018–2021. Served as clinical preceptor to fourth-year medical students, many who chose to go into Physical Medicine and Rehabilitation.

PRESENTATIONS AND LECTURES

Spinal Injection Safety Round Table Discussion. Utah Academy of Pain Medicine 10/2012

Spinal Interventions. Utah Chapter American Society for Pain Management Nursing. 10/2012

Back Pain. University of Utah Pain Medicine. Grand Rounds. 6/2012.

Chronic Pain Management and Functional Restoration Clinical Practice Guidelines.
Intermountain Medical Center. 5/2011

Chronic Pain Management and Functional Restoration Clinical Practice Guidelines. Cache Valley Clinical Learning Days . 6/2011

Chronic Pain Management and Functional Restoration Clinical Practice Guidelines. Utah Osteopathic Society . 10/2011

Chronic Pain Management and Functional Restoration Clinical Practice Guidelines. Southern Region Clinical Learning Days . 9/2011

Chronic Pain Management and Functional Restoration Clinical Practice Guidelines. Intermountain Physical Therapy Clinical Improvement. 10/2011

Complications of Injections. Utah Academy of Pain Medicine. 8/2010

Lumbar Radiculopathy and Cervical Radiculopathy. "Burning Questions About Tingling Toes and Numb Fingers." Intermountain Medical Center . 3/2008

Musculoskeletal Problems in People with Disabilities. Primary Healthcare for Individuals with Physical Disabilities . CME course for Primary Healthcare providers. Salt Lake City, UT. 3/2003

Spinal Injections. University of Utah and Salt Lake VA hospital. Internal Medicine Residents Rounds. 1/2002 – 1/2003

Musculoskeletal Overuse Injuries. University of Utah and Salt Lake VA hospital. Internal Medicine Residents Rounds. 2/2002 – 2/2003

Knee Instability in an Ultimate Frisbee Player in case report. American College of Sports Medicine 47th Annual Meeting, Indianapolis, Indiana 6/2000

Medical Implications of Spinal Cord Injury. Physical therapy student lecture University of Utah. 9/1999 and 9/2000.

Sexuality in People with Spinal Cord Injury. Independent living education. Division of physical medicine and rehabilitation, University of Utah. 6/1999 and 9/1999.

Back and Leg Pain in College Soccer Player. American College of Sports Medicine 46th Annual Meeting, Seattle, Washington 6/1999.

Acupuncture. Alternative Medicine in Nursing Conference. Westminster College, Salt Lake City, UT, 10/1988.

Amputation. Certified Rehabilitation Registered Nurse Review Course. Primary Children's Hospital Salt Lake City, UT. 9/1998.

Acupuncture Laboratory. Grand Rounds, Division of Physical Medicine and Rehabilitation, University of Utah, UT. 9/1998.

Acupuncture. Grand Rounds, Division of Physical Medicine and Rehabilitation, University of Utah, UT. 7/1998.

Myofascial Pain and Trigger Point Injections. Nevada Association of Physical Therapy, Las Vegas NV. 11/1997.

Patella Femoral Syndrome. Grand Rounds, Division of Physical Medicine and Rehabilitation, Goldwater Hospital, New York City, NY. 5/1997.

Stroke Rehabilitation. Grand Rounds, Division of Physical Medicine and Rehabilitation, University of Utah, UT. 1996

PROFESSIONAL MEMBERSHIPS

- North American Spine Society 7/2000-present.
- International Spine Intervention Society 2005-present
- Utah Academy of Pain Medicine 2006- present

PUBLICATIONS

M.J. Jaffe, J.J. Edwards, B.A. Davis, Back and Leg Pain – Soccer,
Medicine & Science in Sports & Exercise (abstract)
Volume 31, Number 5, S245, May 1999 Supplement

J.J. Edwards, M.J. Jaffe, B.A. Davis, Shoulder Pain – Cross Trainer,
Medicine & Science in Sport & Exercise (abstract)
Volume 31, Number 5, S142, May 1999 Supplement